



ANNUAL REPORT

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01 Message from the Founders

Dear Chaperone friends,

We started 2022 knowing that Chaperone was valued by the international scientific community. We were working with prestigious institutions from several countries and the results were great. But success brings challenges. Thus, we asked: how could we continue growing without losing focus on high quality, personalization, and impact? The answer was: invest in systems and processes that sustain our values and our mission of democratizing access to high-quality career development in science. We grew as an organization, made big steps in further defining our identity and work culture, strengthened the relationships among the team and with our consultants, clients, and partners, and made growth happen. 2022 was a very good year for Chaperone. It was also the year that Pedro became a father of a baby girl called Laura, joining Joana on the challenge of parenting in the first years of starting a business :)


CHAPERONE TEAM




Pedro, Joana, Catarina, and Rita (from left to right)



02 Our vision, mission and values



A world where each and every scientist has access to high-quality career support.



Empowering scientists in their careers by connecting them with career consultants around the world.



Build trusted & meaningful connections

Inspire excellence & belonging

We care about what we do & its impact

Act with empathy & respect



03 Key performance indicators 2022



04 What Scientists are saying about our Individual Sessions



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I think **this was the most productive and inspiring hour in a while**. It made me think about how career advice/coaching should be an integral part of our careers. It was extremely helpful to talk about my career-related doubts, gain perspective, and receive super insightful feedback, suggestions and ideas too. The Consultant was so relatable, kind, and clearly at the top of her game! Loved it, thank you.

Leonor Teles-Grilo Ruivo
Project manager, Instituto Gulbenkian de
Ciência (Portugal)



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I really appreciated the Career Consultant's advice both in my CV and cover letter for non-academic jobs application. **The Consultant also provided me with useful tips and suggestions I'm going to apply in the next interview processes.**

I would definitely recommend Chaperone and would repeat it in case I need it.

Anna Palau
Postdoctoral researcher, Karolinska
Institutet (Sweden)





I was surprised it is possible to learn so many useful things in just 1h of the seminar during my lunch break and 1h in a one-on-one meeting in the evening. I warmly recommend the consultant, they have many useful tips on how to set up the CV and cover letter to maximize the chance to get the jobs that really suit you. **It's also rare to meet people who are such great motivators.** I'm not even actively applying at the moment but I found myself looking forward to the application process once I'll get there ;)
Thank you, wish you all the best!

Lisa B.

Postdoctoral researcher, Karolinska Institutet (Sweden)



05 What our Institutional Clients are saying



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Chaperone plays a vital role in today's future. **I witnessed firsthand how they played an instrumental role in widening the horizon of our Ph.D. students.**

Through a very well-structured entrepreneurial bootcamp, Chaperone consultants managed to deliver actionable knowledge that I have no doubt will help our researchers streamline more sustainable careers.

Tiago Gama Rocha
Assistant Professor, University of Porto
(Portugal)



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With Chaperone, it has been possible to tailor and **deliver career support programs that match the needs of the students and researchers at Karolinska Institute.** We appreciate Chaperone's well-structured operations management, a wide range of career-development-related topics and activities, and the great career consultants. We look forward to continuing this fruitful collaboration!

Raquel Tavares and Vladimir
Pabón-Martínez
Coordinators at Karolinska Institutet Career
Service



06 What our Consultants are saying



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Working with Chaperone has been a pleasure, they are an honest, reliable and trustworthy team with open minds and a true vision. **They facilitated my introduction to the coaching world, providing me with my first clients who could benefit from my experience and knowledge**, and have given me a wonderful opportunity to run webinars together, always providing me with a full debrief and valuable feedback.

Magda Kufrej
Chaperone Career Advisor and Trainer



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I have been working with Chaperone to empower young scientists to improve their skills in some areas such as manuscript writing and grant writing. **This experience has been quite fulfilling** because I picture myself in a similar situation as these scientists some years back and remember how much such training has helped me achieve some of the important steps in my career. **Everything done at Chaperone looks easy because an amazing team works tirelessly to organize every single activity in the smallest detail!**

Faustin Kamena
Chaperone Career Advisor and Trainer



07 Our team



Pedro Resende, Ph.D.
Co-Founder and Director

Life Scientist at Institute for Research and Innovation in Health, Porto. Co-founder of two professional associations and former consultant for the Ministry of Health, Portugal. Alumnus of Pfizer, Salk Institute, UCLA.



Joana Moscoso, Ph.D.
Co-Founder and Co-Director

Former Life Scientist. Co-Founder and Director of Native Scientists. Alumna of Imperial College, Umeå Universitet, Australian National University and Univerdade do Porto. MIT Innovator Under 35. TOP 100 Women in Social Enterprise.



Catarina Seabra, Ph.D.
Business Developer

Life Scientist at CNC. Member of the Executive board of ATG. Former board member of PAPS.



Rita Brás, MSc
Operations Manager

Former Life Scientist. Manages our activities and projects and takes care of our external communications.



08 Our advisory board



Tiago Carvalho, Ph.D.
Business Advisor and Shareholder

Founder and CEO of LabOrders. Co-founder and CFO of Founders Founders.



José Simões, Ph.D.
IT Advisor

Co-Founder of Zenklub and Founder of Mobitto. Former CPO of Dafiti.



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EMPOWERING
SCIENTISTS
IN THEIR
CAREERS.



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